

Belegungsplan Sportbad Freizeitbad Arobella

| Uhrzeit | Montag | Dienstag | Mittwoch | Donnerstag | Freitag | Samstag |
|---------------|---------------------|--------------------------|----------------------------|--|--------------------------|---------|
| 08.00 – 09.00 | KPS | GS BA | Nicolai-Schule | Valentin GS | GS BA | |
| 09.00 – 10.00 | Valentin GS | KPS (Hagenst.) | Schlossberg Schule, Rhoden | KPS (Hagenst.) | GS BA | |
| 10.00 – 10.30 | KPS (Hagenstr.) | KBS | GS Twiste | Nicolai-Schule | CRS | SFK (1) |
| 10.30 – 11.00 | KPS (Hagenstr.) | KBS | GS Twiste | Nicolai-Schule | CRS | SFK (1) |
| 11.00 – 11.30 | KPS (Hagenstr.) | Azubi Training (1) | Aqua-Fit (3) | CRS | CRS | SFK (1) |
| 11.30 – 12.00 | | Azubi Training (1) | Aqua-Fit (3) (bis 11.45) | CRS | CRS | SFK (1) |
| 12.00 – 12.30 | HLS (ab 11.45) | HLS (ab 11.45) | KBS | CRS | CRS | SFK (1) |
| 12.30 – 13.00 | HLS (bis 12.45) | HLS (bis 12.45) | KBS | CRS | CRS | SFK (1) |
| 13.00 – 13.30 | | | | | | SFK (1) |
| 13.30 – 14.00 | | | KPS | | | |
| 14.00 – 14.30 | CRS | KPS | KPS | KPS (2) | CRS | |
| 14.30 – 15.00 | CRS | KPS | | KPS (2) | CRS | |
| 15.00 – 15.30 | CRS | | | Aqua-Kids (1) ab 15.15 | CRS | |
| 15.30 – 16.00 | CRS | KPS | | Aqua-Kids (1) | CRS | |
| 16.00 – 16.30 | CRS | KPS | | Aqua-Kids (1) | Aqua-Kids (1) | |
| 16.30 – 17.00 | | | | Aqua-Kids (1) | Aqua-Kids (1) VfL (1) | |
| 17.00 – 17.30 | | | VfL (1) | VfL (2) | VfL (2) | |
| 17.30 – 18.00 | VfL (1) DLRG (1) | | VfL (1) | VfL (2) | VfL (2) | |
| 18.00 – 18.30 | VfL (1) DLRG (1) | | VfL (1) | | VfL (2) | |
| 18.30 – 19.00 | DLRG (1) | Trias (2) (ab 18:45) | VfL (1) | Trias (2) Jeden 1. Do. im Monat bereits ab 18:00 Uhr | VfL (1) | |
| 19.00 – 19.30 | DLRG (2) | Trias (2) Bis 19:45) | | Trias (2) | | |
| 19.30 – 20.00 | DLRG (2) | Aqua-Fit (3) (ab 19.45) | Aqua-Fit (3) | Trias (2) | | |
| 20.00 – 20.30 | DLRG (2) | Aqua-Fit (3) (bis 20.30) | Aqua-Fit (3) | | | |
| 20.30 – 21.00 | DLRG (2) | | | | | |